

IN A HIGH-RISE BUILDING

- Note where the closest **emergency exit** is.
- Be sure you know **another way out** in case your first choice is blocked.
- **Take cover** against a desk or table if things are falling.
- **Move away** from file cabinets, bookshelves or other things that might fall.
- **Face away** from windows and glass.
- **Move away** from exterior walls.
- Determine if you should stay put, "**shelter-in-place**" or get away.
- **Listen** for and follow **instructions**.
- Take your **emergency supply kit**, unless there is reason to believe it has been contaminated.
- **Do not use elevators**.
- Stay to the right **while going down stairwells to allow emergency workers to come up**.