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**City Manager's Message**

No matter how busy the City is during the months of April through June each year, City staff dedicates the time to prepare the City's annual budget. The budget preparation is a critical part of the future planning process and we invite the citizens to stay informed by viewing the document on the City's website and attending some or all of the many budget workshops held each year. The spring months also include many events we all look forward to each year, such as the Rabbit Fest, Lemonade Day, various recognition ceremonies and KCCB clean-up projects.



Appreciating our employees is vital to the success of our City. Typically, the City recognizes employees reaching key milestones during the first City Council Workshop of each month. We invite the citizens to join us in recognizing and celebrating those employees.

As we prepare for the return of school in August, please help keep our children and grandchildren safe by obeying traffic laws, especially in school zones. Citizens can stay updated on the current City notices, activities and recreational programs by visiting the

City's website or watching the City's government access channel provided to viewers by Time Warner Cable on channel 10.

The City is always in need of volunteers, so if you are interested in volunteering for your community, please contact Kevin Keller at [kkeller@copperascovetx.gov](mailto:kkeller@copperascovetx.gov) or visit the City's website at [www.copperascovetx.gov](http://www.copperascovetx.gov)

Sincerely,



City Manager

## **City Events**

### ***Ribbon Cutting Ceremonies***

City staff was very busy attending 9 different Ribbon Cutting Ceremonies during the 2nd Quarter of 2015. We feel so honored to officially welcome these businesses to the thriving Copperas Cove community:

April 1st - Muegge Air

April 7th - Heartwood Park

April 24th - Refresh

April 28th - Wingstop

May 1st - Grill Daddy's

May 5th - Gym X Fit

May 16th - Days of Burlap

May 21st - Village Post Office

June 27th - Candy Outfitters



*Heartwood Park*



*Grill Daddy's*



*Candy Outfitters*

### ***Lemonade Day***

Mayor John Hull proclaimed May 3, 2015 to be "Lemonade Day" in the City of Copperas Cove. The City worked with the Fort Hood Area Lemonade Day Program to bring the annual event into our City. The kids did a great job with their stands and we are so proud of them for their entrepreneur efforts!



### ***Family Fun Events***

Several community Family Fun Events were held over the past few months, which included:  
 April 25th - National Crime Victims' Rights - Kids Day in the Park  
 May 9th - Rabbit Run 4 Hope  
 May 14th thru 17th - Rabbit Festival, Parade & Pageant  
 June 20th - Summer Run to Fun  
 June 27th - Star Group Veterans Helping Veterans Independence Day Celebration



*Nat'l Crime Victims' Rights - Kids Day in the Park*



*2nd Annual Rabbit Festival Scholarship Pageant*



*SG-VHV Independence Day Celebration*

## Library

The Library had a busy Spring with the Rally Day events, soon followed by the kick off of the 2015 Summer Reading Program. The City would like to say a special Thank You to the Library Staff, as well as the *Friends of the Library*, for their dedication to serving the citizens of our community.



*April 18th - The Friends of the Library sponsored the Rally Day Festival as a fundraiser for the Library.*



*June 8th - The Rabbit Fest Royalty were present for the Teamwork Room unveiling.*



*June 8th - The new 3D printer was debuted in the Teamwork Room and has gained much attention.*



*June 17th - The Summer Reading Program kicked off with a Medieval themed presentation.*



*June 18th - The Austin Reptile Shows captivated two shows with their snakes, turtles & lizards.*



*June 25th - Joe McDermott had the kids moving with his music and fun entertainment.*

## **Senior Center**



The ladies and gentlemen of the Senior Center enjoyed a day trip to the LBJ State Park on April 25th. Along with a tour of the beautiful gardens, they enjoyed a nice lunch under the pavilion. A special Thank You to Becky Johnson, Community Outreach Specialist, for the love and attention she shares with our senior community members.



## Solid Waste & KCCB



The Keep Copperas Cove Beautiful Commission awarded two \$500 scholarships in May to two high school seniors. The recipients were required to have volunteered for at least two KCCB events and write a 500 word essay on how they would keep Copperas Cove beautiful. The City of Copperas Cove congratulates these two young ladies, Mikayla Miller and Delaney Browning, on their achievement!



**Left:** KCCB Volunteers built two raised garden beds at the Senior Center on June 13th for vegetable planting.

**Right:** A group of kids toured the Solid Waste facilities and built "garbage pizzas" to gain better knowledge of the amount of trash that can actually be recycled.



## Public Works



**Left:** Keith Fields, Water Dist. Operator II, was recognized as the TWUA Employee of the Month on May 7th during a monthly meeting.



**Right:** Christopher Altott, Wastewater Superintendent, met all of the requirements and has received his Class "A" Wastewater Treatment Operator's License from TCEQ. Chris is now one of only two City employees to currently hold this certification.

## Police Department Awards & Recognition



**Left:** CCPD welcomed new Police Officer Robert Taylor on April 6th during a Swearing-In Ceremony.



**Right:** Several CCPD Officers attended the 2015 Police Games during the second week of June.



**Detective Rick Counter**  
*Rotary Club Officer of the Month - March 2015*



**Officer Angel Nunez**  
*Rotary Club Officer of the Month - April 2015*



**Officer Charles Quarles**  
*Rotary Club Officer of the Month - May 2015*



**Officer Jason Schaefer**  
*Rotary Club Officer of the Month - June 2015*



**May 19th**  
*The Law Enforcement Torch Run was held in support of the SOTX Program.*



**June 9th**  
*Officer Hope Torres was recognized by CCISD for her work as a SRO.*



**June 27th**  
*CCPD hosted the 1st Central Texas Explorers Competition, which included Cove, Belton & Killeen.*

## Fire Department **Awards & Recognition**

Congratulations to Firefighters Ross Carter, Sarah Combs, Matthew Manewal, Austin Tolliver and John Watkins on successfully completing the State test to earn their Driver Pump Operator Certifications. The City and the CCFD congratulate you on your efforts!



**Left:** Information Systems Specialist Robert Browning attended CPR/ AED training on April 16th at Central Station.

**Right:** Members of the Matamoros, Mexico Fire Dept. display the gear which CCFD recently donated to them!





Congratulations to Firefighters Tyler Paulus and Hunter Smith on their recent graduation from the Central Texas College Paramedic Course on May 15th. They represented the City of Copperas Cove well and we appreciate their efforts.

Firefighter/Paramedic Brandi Brice-Wolfe was also recognized by the graduating Paramedic class as the EMS Preceptor of the Year. This was the second consecutive year in which Brandi has received this prestigious honor.

On May 20th Firefighter Hunter Smith was recognized by the Copperas Cove Morning Exchange Club as the Firefighter of the Quarter. Congratulations on this honor!



Several Firefighters visited the Library on June 30th where they briefed children on Fire Safety. The kids also had an opportunity to see the equipment up close and crawl through a tunnel, which simulated low crawling through smoke. Great job CCFD!



## Human Resources



The City of Copperas Cove congratulates Kevin Marsh, Library Director, on being



The City of Copperas Cove congratulates Silvia Rhoads, Recycling Coordinator, on being selected to serve on the Keep Texas Beautiful Board as the Affiliate Member Representative!

elected the Chair-Elect for the Public Libraries  
Division of the Texas Library Association!

Human Resources and the Wellness Committee hosted a Lunch & Learn event titled "Learn to Live" on April 1st, as well as another titled "Great Teeth, Great Smile, Great Life" on May 28th. The annual City Employee Wellness 5K Walk/Run was also held on April 11th. All events were well attended and we are happy to see our employees becoming more active and health conscious!



## **+** Heat Exhaustion

Your body regulates its temperature mainly by sweating, but when you overexert yourself in extreme heat, it is less able to cool itself down efficiently.

In this circumstance, your body's inability to cool itself may lead to heat cramps. This mild, heat-related condition can lead to heat exhaustion without prompt treatment.

If left untreated, you may develop heat exhaustion quite suddenly. Symptoms include feeling faint, dizzy or nauseous, heavy sweating with cold, clammy skin, headache, weakness or fatigue.

If you suspect you or someone else is suffering from heat exhaustion, cool the body off immediately by finding a cool place to lay down with legs and feet slightly elevated, drinking water or a sports drink, putting damp towels on skin and loosening clothing.

Overlooked, heat exhaustion can lead to a heatstroke, a life-threatening condition. If symptoms continue after one hour of treatment measures, seek medical attention immediately.

*Source: Mayo Clinic*



## **Summer Fun 101**

It is more important than ever for everyone to live an active and healthy lifestyle. With longer days and warmer temperatures, this summer is the season to get moving!

### **Fuel Up!**

When it comes to food, there are some rules to follow to make the most of your activity. Riska Platt, M.S., R.D., a nutrition consultant for the Cardiac Rehabilitation Center, says to eat easily digestible carbohydrates before you get moving to avoid feeling sluggish.

Snack on foods such as:

- whole grains
- low-fat yogurt
- brown rice
- fruits
- vegetables

If you find yourself low on time, grab an apple or banana to eat at least five minutes before you begin. By consuming adequate food and fluids before and after your trip to the gym, your body is better equipped to maintain blood glucose concentration and replenish lost fluids.

### **How Much?**

By incorporating 150 minutes of moderate intensity physical activity every week, your risk for heart disease and stroke is cut in half! You can work this goal into your daily routine with 30 minutes of moderate intensity activity, five times a week, or 15 minutes of vigorous intensity activity, five times a week.

### **Get the Family on Board**

Teaching your children to live active lifestyles is an important lesson and an easy one to accomplish. Lead by example and show them how important it is by bringing them on a run in a stroller, riding bikes, going on a family hike or racing in your pool. Try building and completing an obstacle course in your backyard for a fun, kid-friendly way to get active.

*Source: American Heart Association*

### **Did You Know?**

For every hour of regular, vigorous physical activity, some people may increase their life expectancy by two hours.



Library Assistant Anita Schultz was recognized with a Unity Award on June 1st for going above and beyond to assist the Library, fellow employees, and citizens as new technology was recently introduced. Congratulations Anita!



## Employee Service Awards *April 2015*



*Becky Johnson  
Library Community Outreach Specialist  
5 Years of Service*



*Anthony Kostner  
Police Corporal  
10 Years of Service*



*Kevin Sheldon  
Patrol Officer  
10 Years of Service*



*Jeremy Alber  
Police Sergeant  
15 Years of Service*



**Corey Schmidt**  
**Police Corporal**  
**15 Years of Service**



**Gretchen McWhorter**  
**Police Administrative Assistant**  
**15 Years of Service**

**May 2015**



**Steven Hollenbeck**  
**Streets/Drainage Light Equipment Operator**  
**10 Years of Service**



**Stephanie Potvin**  
**Finance Staff Accountant III**  
**5 Years of Service**

**June 2015**



**Keith Fields**  
*Water Distribution Operator II*  
*5 Years of Service*



**Joe Fox**  
*Fleet Services Part-Time Parts Technician*  
*5 Years of Service*

## **Parks and Recreation**

Parks and Recreation has a new website domain, find us at: [www.ccpard.com](http://www.ccpard.com)



A BIG Thank You to the Copperas Cove Lions Club for their donation of a new scoreboard for City Park Field #2. We appreciate your continued support of the City and the youth of our community!



Parks & Rec is currently registering youth for Tackle Football, Flag Football and Volleyball...Register Today!



City of Copperas Cove

**Tackle Football Late Registration  
Extended Through August 5, 2015**

\$130/participant (City resident)  
\$140/participant (non-City resident)

Register by visiting [www.ccpard.com](http://www.ccpard.com)

Or visit the Parks & Recreation Office at  
1408 Golf Course Road – 254.542.2719



City of Copperas Cove

**Flag Football Registration**

July 27, 2015 thru August 28, 2015

\$60/participant (City resident)  
\$70/participant (non-City resident)  
\$35/Start Smart Participant

\*Late Registration Aug. 31 thru Sept. 4, 2015 (+\$10)

Register by visiting [www.ccpard.com](http://www.ccpard.com)

Or visit the Parks & Recreation Office at  
1408 Golf Course Road – 254.542.2719



City of Copperas Cove

**Volleyball Registration**

July 27, 2015 thru August 28, 2015

\$60/participant (City resident)  
\$70/participant (non-City resident)

\*Late Registration Aug. 31 thru Sept. 4, 2015 (+\$10)

Register by visiting [www.ccpard.com](http://www.ccpard.com)

Or visit the Parks & Recreation Office at  
1408 Golf Course Road – 254.542.2719



\*For more information on all of our sports, events, and aquatics calendar please visit us at  
[www.ccpard.com](http://www.ccpard.com)