

## PORTABLE KIT



### Emergency Supplies

**Water, food, and clean air** are the essential items for survival. Each family or individual's kit should be customized to meet specific needs, such as medications and infant formula. It should also be customized to include important family documents.

### Recommended Supplies to Include in a Portable Kit:

- **Water**, amounts for portable kits will vary. Individuals should determine what amount they are able to both store comfortably outside the home and be able to transport to other locations
- **Food**, at least a three-day supply of non-perishable food
- **Battery-powered radio** and **extra batteries**
- **Flashlight** and **extra batteries**
- **First Aid kit**
- **Whistle** to signal for help
- **Dust mask** or cotton t-shirt, to help filter the air
- **Moist towelettes** for sanitation
- **Wrench** or **pliers** to turn off utilities
- **Can opener** for food (if kit contains canned food)
- **Plastic sheeting** and **duct tape** to shelter-in-place
- **Infant formula** and **diapers**, if you have an infant
- **Garbage bags** and **plastic ties** for personal sanitation