

SPECIAL NEEDS ITEMS



Remember the special needs of your family members. **Infants**, the **elderly** and **persons with disabilities** need the same planning as everyone else, and sometimes a little more, to be prepared for a terrorist attack.

For Baby:

- Formula
- Diapers
- Bottles
- Powdered milk
- Medications
- Moist towelettes
- Diaper rash ointment

For Adults:

- Ask your doctor about storing prescription medications such as heart and high blood pressure medication, insulin and other prescription drugs.
- Denture needs
- Contact lenses and supplies
- Extra eye glasses

For more information on supplies, see ["Your Family Disaster Supply Kit"](#) from [American Red Cross](#) and [Federal Emergency Management Agency](#)

For Seniors:

- Plan how you will evacuate or signal for help.
- Plan emergency procedures with home health care agencies or workers.
- Tell others where you keep your emergency supplies.
- Teach others how to operate necessary equipment.
- Label equipment like wheelchairs, canes or walkers.
- **Additional supplies for seniors:**
 - List of prescription medications including dosage in your supply kits. Include any allergies.

- Extra eyeglasses and hearing-aid batteries.
- Extra wheelchair batteries or other special equipment in your supply kit.
- A list of the style and serial numbers of medical devices such as pacemakers in your emergency supply kits.
- Copies of medical insurance and Medicare cards.
- List of doctors and emergency contacts.

For People with Disabilities:

- Create a support network to help in an emergency.
- Tell these people where you keep your emergency supplies.
- Give one member of your support network a key to your house or apartment.
- Contact your city or county government's emergency information management office. Many local offices keep lists of people with disabilities so they can be located quickly in a sudden emergency.
- Wear medical alert tags or bracelets to help identify your disability.
- If you are dependent on dialysis or other life sustaining treatment, know the location and availability of more than one facility.
- Show others how to operate your wheelchair.
- Know the size and weight of your wheelchair, in addition to whether or not it is collapsible, in case it has to be transported.

- **Additional Supplies for People with Disabilities:**
 - Prescription medicines, list of medications including dosage, list of any allergies.
 - Extra eyeglasses and hearing-aid batteries.
 - Extra wheelchair batteries, oxygen.
 - Keep a list of the style and serial number of medical devices.
 - Medical insurance and Medicare cards.
 - List of doctors, relatives or friends who should be notified if you are hurt.

For more information on supplies, see ["Your Family Disaster Supply Kit"](#) from [American Red Cross](#) and [Federal Emergency Management Agency](#).

For more information on special needs, see [Disaster Preparedness For People With Disabilities](#) from [FEMA](#), and [Disaster Preparedness for Seniors by Seniors](#) from the [Red Cross](#).