

FOR IMMEDIATE RELEASE

January 5, 2021



City of Copperas Cove

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Virtual 5K Run to the Polar Bear Plunge & Polar Bear Plunge

Copperas Cove, Texas – The Copperas Cove Parks and Recreation Department invites the public to participate in the Virtual 5K Run to the Polar Bear Plunge. This event will be held virtually and may be completed anytime between January 23–31, 2021. Participants must register at: <https://runsignup.com/Race/TX/CopperasCove/5KRunToThePolarBearPlunge>. Once finished, participants will post their individual results on the same website. Those who place in their respective age groups will be notified after the race is complete for their medal pick-up. The map for the run is attached for reference. This event is part of the Cen-Tex Race Series and the cost is \$15 per person.

The Polar Bear Plunge will be held in-person on Saturday, January 23, 2021 at 9am at the South Park Pool, located at 2602 Dennis Street. Participants must be 10 years of age or older. Spots are limited and those wishing to participate must register at: https://apm.activecommunities.com/copperascovepkrec/Activity_Search/3443. Participants will receive an email once registered, containing the waiver which must be completed and returned prior to the plunge. This is a FREE event.

*Due to current COVID-19 restrictions, social distancing and face masks requirements will be adhered to prior to and following the plunge.

Questions may be directed to Ashley Wilson, Special Events Coordinator, at awilson@copperascovetx.gov or (254) 542-2719.

(Flyers Attached)

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January 23rd, 2021

Copperas Cove South Park Pool

9:00 am



Free to the Public! Must be 10 years and older.

SPOTS ARE LIMITED!! TO REGISTER:

http://apm.activecommunities.com/copperascovepkrec/Activity_Search/3443

*****Masks required prior and after the plunge*****

For more information: contact Ashley Wilson at awilson@copperascovetx.gov

Virtual 5K Run To...



The Polar Bear Plunge

January 23-31, 2021
Copperas Cove City Park



Register at <https://runsignup.com/Race/TX/CopperasCove/5KRunToThePolarBearPlunge>

Sponsored By:



Hosted by Copperas Cove Parks and Recreation

For more information, Contact Ashley Wilson at

awilson@copperascovetx.gov