

**FOR IMMEDIATE RELEASE**

January 3, 2022



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City of Copperas Cove

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### **5K Run to the Polar Bear Plunge**

Copperas Cove, Texas – The City of Copperas Cove Parks and Recreation Department invites the public to attend the 2022 5K Run to the Polar Bear Plunge on Saturday, January 22, 2022. The chip-timed event will begin at 8am near the City Park Pool, located at 1206 W Avenue B, and is part of the Cen-Tex Race Series.

Full details and pre-registration may be completed at: <https://runsignup.com/polarbearplunge> through January 21<sup>st</sup>. Cost is \$20 Race Fee + \$2.16 SignUp Fee, or \$22.16 Total. Event day on-site registration is \$25 and will begin at 630am.

Following the run there will be a FREE Polar Bear Plunge into the City Park Pool, along with a Belly Flop Contest and Treading Water Contest, beginning at 10am. Participants must be 10 years of age or older for the plunge activities, and may register at: [https://apm.activecommunities.com/copperascovepkrec/Activity\\_Search/3814](https://apm.activecommunities.com/copperascovepkrec/Activity_Search/3814)

Questions may be directed to Ashley Wilson, Special Events Coordinator, at [awilson@copperascovetx.gov](mailto:awilson@copperascovetx.gov) or (254) 542-2719.

(Flyers Attached)

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CITY OF COPPERAS COVE

# POLAR BEAR 5K

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22  
22

START 8AM \* COPPERAS COVE CITY PARK

Register at <https://runsignup.com/polarbearplunge>



HOSTED BY COPPERAS COVE PARKS AND RECREATION

Annual Polar Bear Plunge following the 5K



For more information, contact  
Ashley Wilson at

[awilson@copperascovetx.gov](mailto:awilson@copperascovetx.gov)

**The Carlson Law Firm**  
ATTORNEYS AND COUNSELORS AT LAW

[carlsonattorneys.com](http://carlsonattorneys.com)

**CEN-TEX**  
Race Series





COPPERAS COVE  
PARKS AND RECREATION

# POLAR BEAR PLUNGE

SATURDAY 22ND JANUARY 2022  
COPPERAS COVE CITY PARK POOL

**9AM**  
DOORS OPEN

**FREE  
ENTRY**

MUST BE  
10 YRS AND  
OLDER

DOORS OPEN @ 9.00AM | PLUNGE ACTIVITIES BEGIN @ 10.00AM  
1206 W AVE B, COPPERAS COVE 76522 | PH: 254-542-2719