



March

You are welcome to come have coffee, play games, build puzzles, do crafts, work in the garden or just visit any time.

Mon	Tue	Wed	Thu	Fri	S
2 Exercise 8 a.m. Crochet Lessons	3 Yoga 9 a.m. Snack 11 a.m. Bingo 11:45 a.m <i>Sponsored by Texas Home Health Group</i>	4 Exercise 8 a.m.	6 Craft Class 9 a.m. <i>Felt Shamrocks</i> Fellowship 9:30 a.m.	6 Exercise 8 a.m. Bingo 10 a.m. and Potluck <i>Sponsored by Copperas Cove Nursing & Rehab</i>	7
9 Exercise 8 a.m. Crochet Lessons	10 Yoga 9 a.m. Big Breakfast 9:30 a.m. and Bingo 10:30 a.m <i>with Hill Country Nursing & Rehab</i>	11 Exercise 8 a.m. March Birthday Party <i>with Hillside Medical Lodge 11 a.m.</i>	12 Craft Class 9 a.m. <i>Paper Strip Shamrock</i> Fellowship 9:30 a.m.	13 Exercise 8 a.m. Snack 11 a.m. Bingo 11:45 a.m. <i>Sponsored by Heart of Texas Hospice</i>	1 4
16 Exercise 8 a.m. Crochet Lessons	17 Yoga 9 a.m. Bingo 10 a.m. Blood Pressure <i>by Lee Health Care</i> 10:30 a.m. Potluck 11:30 a.m.	18 Exercise 8 a.m. Dining with Friends 1:30 at C& H Hawaiian Grill	19 Craft Class 9 a.m. <i>Dragonflies</i> Fellowship 9:30a.m. <i>Scotty Ray Music Show</i> 10:30 a.m.	20 Exercise 8 a.m. <i>Cant Hear on the Phone?</i> 9:00 a.m. Snack 11 a.m. Bingo 11:45 a.m. <i>Sponsored by VFW 8577 Auxiliary</i>	2 1
23 Exercise 8 a.m. Crochet Lessons	24 Yoga 9a.m. Snack 11 a.m. Bingo 11:45 a.m <i>Sponsored by Standards Home Health/Hospice</i> Movie Day 4 p.m.	25 Exercise 8 a.m.	26 Craft it All!!! Fellowship 9:30 a.m .	27 Exercise 8 a.m. Snack 11 a.m. Bingo 11:45 a.m. <i>Sponsored by Kindred Auxiliary</i>	2 8
30 Exercise 8 a.m. Crochet Lessons	31 Yoga 9a.m. Snack 11 a.m. Bingo 11:45 a.m <i>Sponsored by New Century Hospice</i>	Copperas Cove Senior Activity Center 1012 North Drive, Ste. 5, Copperas Cove, TX 76522 Monday – Friday 8 a.m. to 1p.m. Phone 254-547-6049 www.library.copperascovetx.gov		<i>Snacks \$1</i> <i>Potluck \$3 or dish donation</i> <i>Yoga \$5 donation</i> <i>Craft class by donation</i>	